

Sleeping Beauty

BY CLARA HANEBERG

Just in time for family holiday sleepovers: Ensure guests get a good night's rest—without sacrificing style—on these versatile hideaway beds

Never hear “scooch over” again. Protect your precious sleep, score major hostess points, and ensure your rooms look gorgeous and function beautifully with a cleverly designed sleeper sofa.

Today's dual-purpose furniture pieces, equipped with premium mattresses and shapely frames, are a chic iteration of the classic trundle bed, whose history harks back to the early 16th century.

Then, wooden platforms on rollers with rope or leather straps supporting the mattress first appeared in sleeping rooms. Servants pulled the low beds out from under the large master bed and tried to catch a few winks—while still remaining at the master's beck and call.

During colonization, trundle beds crossed the Atlantic, becoming a mainstay in American abodes. They continued to evolve, and after the Civil War, modest homes began to host what we now call hide-a-beds or sleeper sofas.

American Leather Metal legs and thin track arms lend fashion-forward flair to the “Sulley Comfort Sleeper,” available in sizes Cot to King (americanleather.com). **Gabby** Finished with nailhead trim, the curvy “Carey Sleeper” combines elegance with comfort (gabbyhome.com). **Burton James** The clean-lined “176 Trundle Bed” boasts supportive corner seats ideal for intimate conversation (burtonjames.com). **Lee Industries** Modular feet and tufting on cushions lend understated glamour to the “5952-77 Trundle Bed” (leeindustries.com).



TRUNDLE BEDS ARE IDEAL FOR DORMER BEDROOMS THAT NEED FLEXIBILITY AND LACK THE CEILING HEIGHT FOR BUNK BEDS.”

—Elizabeth Swartz of Bunny Williams Interior Design